

<b>HANG CLEAN</b>	<b>1</b>	<b>Chris Skutnik '17 - 210 lbs.</b> <b>Pleasant Valley HS, PA</b>
	<b>2</b>	<b>Nick Sarkos '17 - 195 lbs.</b> <b>Mainland Regional HS, NJ</b>
	<b>3</b>	<b>P. J. Meyer '16 - 185 lbs.</b> <b>Salesianum HS, DE</b>
<b>BACK SQUATS</b>	<b>1</b>	<b>John Chmura '18 - 315 lbs</b> <b>Wallington HS, N.J</b>
	<b>2</b>	<b>Joe Adams '15 - 295 lbs.</b> <b>St. Joseph's Prep, PA</b>
	<b>3</b>	<b>Jas Chojnowski '14 - 290 lbs.</b> <b>George School, PA</b>
<b>BENCH PRESS</b>	<b>1</b>	<b>Danny Pinto '15 - 265 lbs.</b> <b>Bergen Catholic HS, NJ</b>
	<b>2</b>	<b>Jonathan Schauer '14 - 260 lbs.</b> <b>Westtown School, PA</b>
	<b>3</b>	<b>Brian Heckman '19 - 255 lbs.</b> <b>Whitehall, PA</b>
<b>VERTICAL JUMP</b>	<b>1</b>	<b>Nick Sarkos '17 - 30.5 in.</b> <b>Mainland Regional HS, NJ</b>
	<b>2</b>	<b>Ryan Wilson '19 - 29 in.</b> <b>Hempfield HS, PA</b>
	<b>3</b>	<b>Shaun Bartholomew '19 - 28.5 in.</b> <b>Calhoun HS, NY</b>
<b>PULL-UPS</b>	<b>1</b>	<b>Brian Heckman '19 - 32</b> <b>Whitehall, PA</b>
	<b>1</b>	<b>John Shreer '19 - 32</b> <b>Gill St. Bernard's School</b>
	<b>2</b>	<b>Kevin Irving '19 - 25</b> <b>Westfield HS, NJ</b>
<b>BEEP TEST (Highest Level)</b>	<b>1</b>	<b>Zach Cimiring '20 - 14.9</b> <b>Scotch-Plains HS, NJ</b>
	<b>2</b>	<b>Peter Luther '20 - 13.11</b> <b>Princeton HS, NJ</b>
	<b>3</b>	<b>Kevin Irving '19 - 13.8</b> <b>Westfield HS, NJ</b>